

2018 Certified Healthy Community Application

Name of city or town (Name to appear on the Certificate):

County name: [Dropdown menu]

Size of community (Population): Sub-rural (less than 500) Rural (501- 4,300) Small (4,301 to 13,999) Medium (14,000 to 29,999) Large (30,000 to 79,999) Metro (80,000 and over)

Actual Population Size (latest census number):

Please enter the following information about the MUNICIPALITY:

Which of the following describes your community's type of government?

Mayor Council

Mayor's Name:

Email Address:

Council/Board/Commission

Council or Board Chairperson's Name:

Email Address:

Council Manager

Manager's Name:

Email Address:

Municipality Mailing Address:

City/Town:

State: Oklahoma

Zip:

Phone Number (XXX) XXX-XXXX:

Please enter the information below for the APPLICATION CONTACT PERSON:

Contact's Name:

Contact's Title:

City/Town:

County:

Email Address:

Phone Number (XXX) XXX-XXXX:

Section 1: Tobacco and Alcohol

Definitions:

Smoking means the carrying by a person of a lighted cigar, cigarette, pipe, or other lighted smoking device. (63 O.S. § 1-1522)

Tobacco means any product that contains tobacco and is intended for human consumption. (37 O.S. § 600.2)

Vapor products means any noncombustible product, that may or may not contain nicotine, that employs a mechanical heating element, battery, electronic circuit, or other mechanism, regardless of shape or size, that can be used to produce a vapor in a solution or other form. Vapor product shall include any vapor cartridge or other container with or without nicotine or other form that is intended to be used with an electronic cigarette, electronic cigar, electronic cigarillo, electronic pipe, or similar product or

device. *Vapor Products* do not include any products regulated by the United States Food and Drug Administration under Chapter V of the Food, Drug, and Cosmetic Act. (37 O.S. § 600.2)

Promoting Healthy Lifestyles (Check all that apply)

- The City or Town, as an employer, has adopted organizational Workplace Wellness Policies that includes physical activity, nutrition and tobacco-free living for employees
- Municipality has adopted and implemented an ordinance that prohibits smoking indoors and outdoors on city owned/operated properties – [Prerequisite for Basic](#)
- Municipality has adopted and implemented an ordinance that prohibits the use of tobacco and vapor products on all indoor and outdoor city-owned/operated properties - [Prerequisite for Excellence](#)
- Municipality has a written alcohol control policy and/or ordinance that minimally includes Oklahoma Department of Mental Health and Substance Abuse Service’s (ODMHSAS) Responsible Beverage Sales and Service training for all city owned/operated properties and special events where alcohol is sold or provided
- Municipality has a written alcohol control policy and/or ordinance for all city owned/operated properties and special events where alcohol is consumed, but not purchased
- Primary and secondary educational institutions (i.e. elementary, middle school, junior high and high school) within the community have adopted policies ensuring “24/7” tobacco, vapor products, alcohol and drug free properties that cover students, staff, and visitors
- (Check One) None Some or All vocational/career tech institutions that serve the community’s student population have adopted policies ensuring “24/7” tobacco, vapor products, alcohol and drug free properties that cover students, staff, and visitors
- (Check One) None Some or All Other higher educational institutions serving the community have adopted policies ensuring “24/7” **tobacco, vapor products, free** properties that cover students, staff, and visitors
 - No other higher educational institutions are located within the community *Criteria revised
- (Check One) None Some or All Other higher educational institutions serving the community have adopted policies ensuring “24/7” **alcohol and drug free** properties that cover students, staff, and visitors
 - No other higher educational institutions are located within the community *Criteria revised
- (Check One) None Some or All Multi-unit housing (apartment, duplex, or condominium) owners within the community have a voluntary policy to inform prospective residents of the property’s smoking policies and where smoking is and is not allowed
 - No multi-unit housing properties are located within the community

Controlling the location, number and density of alcohol and tobacco retail outlets (Check all that apply)

- Municipality has zoning, land use, or business permit procedures to restrict the number, location, or density of alcohol retailers
- Municipality has zoning and/or land use to restrict the number, location, or density of **tobacco** near schools and playgrounds *Criteria revised
- Municipality has a zoning and/or land use to restrict the number, location, or density of **vapor outlets** near schools and playgrounds *Criteria revised

Reducing youth access to alcohol and tobacco (Check all that apply)

- Municipality enacted an enabling ordinance as defined by the Prevention of Youth Access to Alcohol Act that prescribes and earmarks fines for enforcement of youth access laws
- Municipality enacted enabling ordinance as defined by the Prevention of Youth Access to Tobacco Act that prescribes and earmarks fines for enforcement of youth access laws (includes vapor products)
- Municipality’s Social Host ordinance/law is enforced to hold accountable those who allow underage drinking or drug use on property under their control
- Municipality has frequent underage compliance checks conducted by law enforcement to identify and discourage illegal alcohol sales and the results are made public

- Frequent underage tobacco checks are conducted, with or without law enforcement in the community to identify and discourage illegal selling of tobacco and vapor products to minors, and the results are made public
- Within the community, ODMHSAS Responsible Beverage Sales and Service training is offered for alcohol retailers and special events where alcohol is available to increase compliance with youth access to alcohol laws

Restricting the time, place and manner of alcohol marketing/advertising (Check all that apply)

- State law on alcohol and low-point beer promotions and specials is enforced within the community
- Municipality does not allow alcohol marketing/advertising at city hosted events (i.e. county fairs, rodeos, motor sports, other sporting events, parades, concerts, museums, dances, festivals, etc) and on property owned, leased or operated by the city

Section 2: Nutrition and Physical Activity

Food accessibility/affordability (Check all that apply)

- Affordable fresh fruits and vegetable (i.e. grocery stores, farmer's markets, corner stores, or community gardens) are available within the community – Pre-requisite for Excellence
 - Women, Infants and Children (WIC) are accepted within the community or within a 10 mile radius of community (i.e. farmer's markets, corner stores, grocery stores)
 - Senior Benefits are accepted within the community or within a 10 mile radius of community (i.e. farmer's markets, corner stores, grocery stores)
 - Supplemental Nutrition Assistance Program (SNAP), are accepted within the community or within a 10 mile radius of community (i.e. farmer's markets, corner stores, grocery stores) -
- (Check One) None Some All corner/convenience stores that are located within the community have healthy food options (i.e. fresh fruits and vegetables, whole grains, dairy products, etc.)
- No corner/convenience stores are located within the community
 - Municipality has an ordinance, land use policy, or zoning to promote, expand, and protect community garden and Farmer's Market sites, including vacant city-owned land and unused parking lots
 - Established community garden(s) located in parks, schools, work sites or childcare settings are available to the community
 - Municipality zoning restricts the development and relocation of fast food outlets proximate to all schools and playgrounds
 - Municipality has adopted and implemented an action-oriented healthy food retail resolution to improve food access by making it easier for residents to find, afford, choose and use healthy food.
 - Municipality has healthy vending standards in municipal buildings and public parks
 - Municipality has healthy food and beverage policy for city-sponsored youth sporting events

Community recreation/fitness centers and physical activity opportunities (Check all that apply)

- Fitness centers within the community offer reduced rates for families or sliding scale based on income
 - Local community gym (community center, church, school, etc.) is available for before/after school physical activity through a shared use agreement
 - Municipality has adopted and implemented an Open Use and Community Use of Facilities Policies
 - Community has available family activities (i.e. walking trails, community center, parks, church gym, school gym, etc.) afterhours
 - Community center or city parks offer intramural sports
- (Check One) No Annually or Every 6 Months Quarterly or more often community wide physical activities are offered throughout the year (i.e. family fun runs/walks, 5K runs/walks, biking events, fitness challenges, etc.)
- Active Walking School Bus, Safe Routes to School, or Bike to School programs are available within the community -
 - Municipality has adopted and implemented enforceable policies, ordinances, or legal codes that encourages children and their families to walk, bike, and roll to school (i.e. Safe Routes to School)
 - Municipality has conducted a walkability assessment – Prerequisite for Excellence
 - Safe, well-marked bicycle routes are located within the community
 - Safe, well-marked walking trails are located within the community
 - Safe playgrounds and parks are located within the community

Section 3: Community Resources

Community environment (Check all that apply)

- (Check One) None Some All public sidewalks with ramps located within the community are ADA compliant
- An active recycling program is located within the community
 - Municipality regulates and limits storefront signage that contains advertisements covering windows or at the point of sale
 - Public health advocates and local stakeholders are included in community development and zoning regulations

Community transportation (Check all that apply)

- Transportation for senior citizens and people with disabilities is offered within the community
 - A bicycle share program is available within the community
 - Municipality has adopted and implemented enforceable policies, ordinances, or legal codes that encourage active living and transportation through changes to land use, urban design, and transportation (i.e. Complete Streets policies; pedestrian, bicycle, or parks/trails plans; design guidelines; incorporation of such policies in master plans/community plan)
- (Check One) None At least one More than 1 of the streets located within the community are a complete street
- Municipality ensures appropriate city staff and professional consultants, if needed, have received training regarding planning and designing complete streets or other active transportation
 - Carpooling options are available within the community (i.e. park and ride, shared transit to away sports games or church activities, etc)
 - Public transit options are available within the community
 - Public transit and/or van transport for health related services or needs is promoted within the community (i.e. Doctor's offices, Senior Centers, Assisted Living Centers, pharmacies or grocery stores, etc.)
 - Within the community, a designated/alternative driver program is available to ensure transportation is readily accessible for those consuming alcohol
 - The City or Town, as an employer, has adopted a cell phone usage policy prohibiting the use of cell phones while operating city owned/operated vehicles.
 - Municipality ensures appropriate city staff and professional consultants, if needed, have received training regarding ADA compliance.
- Municipality has ADA transition plan
- N/A if municipality has less than 50 employees

Community Health assessment/screenings (Check all that apply)

- The municipality and community members are engaged in a local strategic planning process addressing public health needs including assessing, planning, implementing, and evaluating public health activities - [Prerequisite for Excellence](#)
- Community based health screenings and referrals offered to identify health conditions such as obesity, diabetes, heart disease, mental health and substance misuse and abuse or within a 10 mile radius
- Community has access to cancer screenings, educational materials, or awareness events (i.e. through community social media posting or other means)

Community access to health services (Check all that apply)

- Basic primary health care is available to the community or within a 10 mile radius of the community (i.e. free clinic or reduced fee clinics, faith-based community clinics, mobile clinics, etc.)
- Information on how to access free or reduced rate dental care is provided within the community (i.e. local County Health Department, Oklahoma Dental Association, local website, flyers, pamphlets, billboards, media, etc.)
- Community has access to Advanced Life Support Emergency Medical Services or, partners with another community to provide Advanced Life Support Emergency Medical Services
- Information on how to access mental health and substance abuse treatment/recovery and clinical health services is provided within the community (i.e. faith-based community efforts, local mental health and substance abuse providers,

local substance abuse recovery groups such as AA and NA, local website, flyers, pamphlets, billboards, media, etc.)

Section 4: Education/Awareness

Community health promotion (Check all that apply)

- Municipality's City Hall has applied as a Certified Healthy Business
- There are Certified Healthy Business(es) in our community
- Certified Healthy entities are promoted within the community
- Municipality websites, social media, or newsletters promote health and wellness activities in the community
- Community wide campaigns that promote wellness (i.e. "This City is Going on a Diet", "Walk This Weigh", local Mayors Challenges, etc.) have been implemented within the community
- Local restaurants participate in Certified Healthy
- Local schools participate in Certified Healthy
- Local congregations participate in Certified Healthy
- Local early childhood programs participate in Certified Healthy
- Local campuses (Vocational/Career Tech and Higher Education) that serve the community participate in Certified Healthy

Community Health Education (Check all that apply)

- Continuing education for law enforcement on crisis intervention, underage drinking, impaired driving, and drug enforcement is promoted within the community
- The Oklahoma Tobacco Helpline 1-800-QUIT-NOW/ 1-800-784-8669 is promoted (English and Spanish) to the general public within the community (i.e. media, billboards, websites, other promotional displays)
- The Suicide Prevention Lifeline 1-800-273-TALK/1-800-273-8255 is promoted (English and Spanish) to the general public within the community (i.e. media, billboards, websites, other promotional displays)
- The Problem Gambling Hotline 1-800-522-4700 is promoted (English) to the general public within the community (i.e. media, billboards, websites, and other promotional displays)
- The Oklahoma Domestic Abuse and Sexual Assault Safeline 1-800-522-SAFE is promoted to the general public within the community (i.e. media, billboards, websites, and other promotional displays)
- Community utilizes local coalitions to educate new and established drivers about risks associated with impaired driving
- Community utilizes local coalitions to educate new and established drivers about driving with distractions (i.e. texting, cell phone use, GPS use, eating, applying makeup, etc.)
- Municipality participates in a community wide wellness task force or coalition with community resident involvement
- Safe storage and proper disposal of prescription drugs is promoted within the community according the U.S. Food and Drug Administration (FDA) guidelines provided on www.TakeAsPrescribed.org - Prerequisite for Excellence
- Community assures active promotion to the general public about the referral to substance abuse and mental health treatment hotline (211)
- Community education on prescription drug abuse/misuse is promoted within the community. (For more information visit www.TakeAsPrescribed.org)
- National Highway Traffic Safety Administration (NHTSA) child car seat inspection stations and/or certified child passenger safety technicians are promoted to the community
- Community members receive information regarding organ donation when they receive a driver's license or state ID card, complete a title transaction, or purchase a license plate